



Traditional Spring Summer 2025 Allergy Free

Week One

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Option 1	Bacon, Beans, Wedges & Roast Tomatoes	Garlic chicken Rice Salad with Mixed Greens	Roast Pork, New Potatoes, Cabbage, Carrots & Gravy	Tomato and Basil Chicken with Rice & Green Salad	BBQ Chicken, Chips & Beans	
Option 2	Mushroom, Beans, Wedges & Roast Tomatoes	Jacket Potato with Beans & Crudites	Mushroom & Sweet Potato Sausages, Cabbage, Carrots, New Potatoes & Gravy	Veggie Stir Fry with Rice & Green Salad	Veggie Bean Patty , Chips & Beans	
Jacket Potatoes	Crispy Skin Jacket Potato					
Dessert	Apple & Orange Wedges	Jelly Selection	Watermelon Wedge	Strawberry and Pineapple Jelly	Rocket Lolly	
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Please ensure dishes in this menu are created using the relevant recipe book for this allergy diet. Any dishes above without a orange background are the same as the core menu.













Ready to serve









Week Two

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Option 1	Beef Bolognese with Rice, Sweetcorn & Peas	BBQ Chicken with Paprika Wedges and Green Beans	Roast Gammon Skin on Roasties, Mixed Greens & Gravy	Meatballs Served with Mash, Carrots, Green Beans & Gravy	Sweet Chilli Chicken, Chips & Beans	
Option 2	Veggie Bolognese with Rice, Sweetcorn & Peas	BBQ Beans with Paprika Wedges and Green Beans	Mushroom & Sweet Potato Sausages, Skin on Roasties, Mixed Greens & Gravy	Jacket Potato with Beans & Crudites	Veggie Bean Patty , Chips & Beans	
Jacket Potatoes	Crispy Skin Jacket Potato					
Dessert	Pineapple Sticks	Watermelon Wedge	Jelly Selection	Apple & Orange Wedges	Rocket Lolly	
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Ready to serve









Week Three

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Option 1	BBQ Sweetcorn Wedges served with Green Salad	Meatball Bake topped with Mash served with Green Beans	Roast Chicken , Skin on Roasties Served with Carrots, Peas & Gravy	Chilli Con Carne Served with Rice & Sweetcorn	BBQ Chicken , Chips & Beans	
Option 2	Jacket Potato with Beans & Green Salad	Veggie Shepherds Pie Served with Green Beans	Mushroom & Sweet Potato Sausages, Skin on Roasties with Carrots, Peas & Gravy	Vegetable Ratatouille Served with Rice & Sweetcorn	Veggie Bean Patty , Chips & Beans	
Jacket Potatoes	Crispy Skin Jacket Potato					
Dessert	Apple & Orange Wedges	Jelly Selection	Peach and Pineapple Jelly	Watermelon Wedges	Rocket Lolly	
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Ready to serve

