



Allergy Menu - Autumn Winter 2024 Traditional Soya & Milk Free

Week Three

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Veggie Wholegrain Pasta Bolognese & Carrots	Mild Chicken Curry, Wholegrain Rice, Green Beans (750962)	Roast Chicken, Stuffing, Roast Potatoes, Peas, Sweetcorn & Gravy	Meatballs in Tomato Sauce with Rice & Broccoli	Fish Fingers, Chips & Baked Beans
Option 2			Carrot & Stuffing Pastry Plait, Peas, Sweetcorn (923324)	Mild Veggie Bean Chilli Loaded Wedges with Cheese & Broccoli (923330)	Vegetable Fingers, Chips & Beans
Jacket Potatoes	Crispy Skin Jacket Potato				
Dessert	Marble Cake	Apple, Cinnamon Raisin Flapjacks	Orange & Mango Jelly	Sweet Potato Brownie	Gingerbread Cookies

Please ensure dishes in this menu are created using the relevant recipe book for this allergy diet. Any dishes above without a dish number are the same as the core menu recipes



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**Week
Two**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	BBQ Corn Pizza Slice, Wholegrain Pasta Salad & Green salad (928772)	Bangers, Mash & Beans	Roast Pork, Roasties, Steamed Mixed Greens, Gravy	Classic Cottage Pie & Peas	Battered Fish, Chips & Baked Beans
Option 2		Veggie Bangers, Mash & Beans		Roasted Sweet Potato Pastry Roll, Mash & Peas (923216)	Cheese & Tomato Toasted Wrap, Chips & Beans (923220)
Jacket Potatoes	Crispy Skin Jacket Potato				
Dessert	Apple, Cinnamon Raisin Flapjacks	Watermelon & Pineapple Sticks	Raspberry Coconut Jelly	Fresh Fruit Salad	Anzac Biscuits (923239)

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**Ready to
serve**





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**Week
One**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Margherita Pizza Slice, Wedges & Sweetcorn (928757)	BBQ Cheesy Chicken (Hunters Chicken), Apple Slaw & Wholegrain Rice (922565)	Roast Gammon, Roasties & Carrots & Peas, Gravy	Hot homemade tomato sauce, pasta & Green Beans (936205)	Fish Fingers, Chips & Baked Beans
Option 2	Veggie Pepper & Corn Pizza Slice, Wedges & Sweetcorn (928761)	Butterbean Ratatouille, Apple Slaw, Wholegrain Rice	Quorn Sausage, Roast Potatoes, Gravy, Peas & Carrots		Veggie Burger (Beetroot), Chips & Beans (922617)
Jacket Potatoes	Crispy Skin Jacket Potato				
Dessert	Watermelon & Pineapple Sticks	Sweet Potato Brownie	Forest Fruits Jelly Pots	Cookie Dough Apple Crumble	Jammy Thumbprint Biscuits

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**Ready to
serve**

