

Cavalry Primary School **^** Weekly newsletter

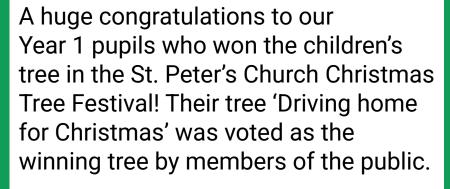
20th December 2024





- Perfect performances
- A festive message from our Cavalry Queen, Mrs Edwards.













The Reception cast of 'Simply The Nativity'







KS1 and Year 3 did an amazing job with their production this year and we couldn't be prouder!

Here is Year 3 Class 8 in action!



Year 4, 5 and 6 put on a fantastic performance of 'The Curious Christmas'! It was an excellent celebration of all different Christmas traditions. We are all very proud! Here is class 9 in action.



Mr Harris



SENCO

My name's Mr Harris and I'm excited to be joining Cavalry Primary as the new SENCo. I started working with children over 20 years ago and I've been a SENCo for 10 years. I've lived in Cambridgeshire since July 2023, after previously living and working in London most of my life. I'm really excited to get started at Cavalry Primary School and I look forward to meeting you all soon.

Merry Christmas to you all 🎄







Dear Families,

Well, we ALL made it and what a term it has been!

The final week of productions has been an absolute pleasure and one of my favourite Cavalry traditions. Thanks to your generosity throughout the **9 performances**, viewed by just over **880 audience members**, we have raised **£650** to put towards the purchase of new percussion instruments for our pupils.

I would like to take this opportunity to thank staff members for going 'over and above' in the last few weeks by volunteering to stay late to help with productions and for making activities in class just that extra bit special for the last week of term - including an online Pantomime!







I am going to leave you this term with **5 top tips** for the holiday season:

- 1. Slow down & breathe. It's so easy to get sucked into the frenetic energy of the holiday season. Try, literally, slowing down. Walk slow. Drive slow.
- 2. Don't overschedule yourself and don't be afraid to say no. The children in particular have worked their socks off this term. Now you have no more early get ups for a while, make sure you have time to relax together and enjoy a well-earned Christmas movie day.
- **3. Do less and do it far less perfectly.** We, especially parents, often feel like everything has to be *Perfect*. I usually envision these perfect scenarios of all these perfect holiday things I want to do for my children–traditions, crafts, activities. And then I kill myself trying to achieve perfection. And you wanna know what ... far less than perfect is good enough. Simply having time together is what counts.
- **4. Simplify.** Where are you over-complicating things? Are there things you've been invited to that you don't *have to* do? Are you making yourself crazy, feeling like you need to bring homemade cookies? Can you just buy them at the corner shop?

And finally...

5. Savour the small things. Pause & really notice all the beautiful, magical things about the winter season.

Notice the twinkling lights. Stop when you hear a favorite song playing on the radio. Pause and watch the joy in your child's face whilst they are playing at home.

Take extra gentle care of yourselves, dear Cavalry family and come back in January rested and ready for the new and exciting term ahead.

Mrs Edwards:)

PLEASE NOTE the first day back of the term is a <u>TRAINING DAY</u> for <u>TEACHERS</u>. We will see you all bright and early on **Tuesday 7th January.**



Word Wizards:

This week the classes with the most 'words read' in Y4/5/6 were:

Class 9 - 278,609 Class 12 - 371,850 Class 14- 610,530



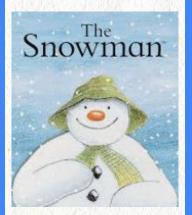


Phonics!

Fred says please practice your reading and phonics over the Christmas holiday, it will help you get off to a flying start when you return in January!

BRILLIANT BOOKS

Mrs Edwards recommends







We are aiming for 97% attendance.

This week, our classes with the highest attendance are...

KS1 - Class Class 3 91.38%

KS2 - Class Class 14 94.67% WELL DONE

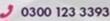
COPING AT CHRISTMAS

Christmas can be tough. That's why it's important to know there's always someone you can talk to.









Helpline mind.org.uk

J Text SHOUT to 85258
24/7 text service
giveusashout.org

116 123 0 24/7 helpline

samaritans.org







J Text YM to 85258

0 24/7 text service

youngminds.org.uk

3 0800 58 58 58

1 Helpline for men

thecalmzone.net

2 0800 068 4141

1 Under 35s Helpline

papyrus-uk.org

Key dates and events

Dec 20th - Last day of term

TUES Jan 7th - First day of Spring term

Equipht for the 4c

"Winter is the time when nature takes a well-deserved nap, and we can find beauty in the stillness of the world." -

Cavalry Website



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